



O

SEASON

2026-2027



WELCOME TO



BECOME PART OF OUR CENTRAL FAMILY

Central Allstars offers high-quality coaching and a positive team culture since 2017.

We are passionate about helping every athlete grow – not just in skill, but in confidence, commitment, and character.

Our sessions are designed to be fun, challenging, and rewarding, giving athletes the opportunity to learn, improve, and be part of something special.

 **Location: NBC
Gymnastics, Sutton
Coldfield**

 **Season: July 2026 –
July 2027**

 **Weekly Training on
Sundays & Tuesdays
(Selected teams)**

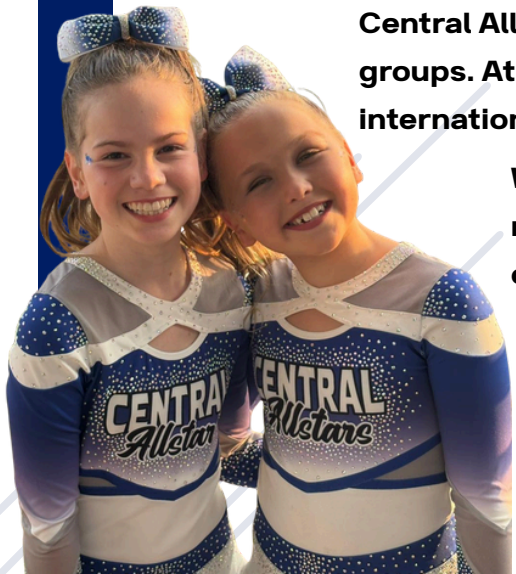


2026/2027 SEASON

Central Allstars is home to a variety of teams across all levels and age groups. Athletes have the opportunity to compete locally, nationally and internationally.

We support every athlete’s journey – from their very first routine to competing on international stages and are proud to offer:

- A welcoming environment for beginners and experienced athletes
- High-quality coaching across all cheerleading disciplines
- A strong focus on teamwork, respect, and personal growth



centralallstars@outlook.com

SEASON 9 TRYOUT INFORMATION

SUNDAY 5 JULY 2026

5-11 YEARS OLD

12+ YEARS OLD

3PM-4:30PM

5PM-6:30PM

- Athletes are assessed on stunting, jumps, tumbling and dance.
- Athletes only need to attend 1 tryout session for their age as shown above, even if they are interested in crossing over to another Central Allstars team.
- Athletes are not able to tryout for a specific team. Our coaching team place all athletes on the team that we believe to be most appropriate for them with their current skill set and the general success of the programme.
- It is essential that all athletes complete the Season 9 registration form prior to attending tryouts. The form link can be found on our Instagram and Facebook. Or [CLICK HERE](#) to complete.

£15 CASH ON THE DAY

CAN'T ATTEND TRYOUTS?

Please note that while all videos are fully reviewed it is far more difficult to place athletes than when they are seen in person, so please make every effort to attend.

Please submit a single video of no longer than 90 seconds showcasing your highest level stunts and tumble skills as well as jumps. Please ensure it is clear which stunt position you are in.

Please submit a video by Friday 3rd July at the latest to centralallstars@outlook.com



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CENTRAL ALLSTARS TEAMS & TRAINING

Our teams listed below for Season 9 are provisional and timings are a working schedule. All teams and times are subject to change following tryouts. Updates to the schedule will be shared as and when they are available.

BABY RAYS - U6 Novice Level 1
Sundays 12:30pm-2pm



SPARKS - U14 Prep Level 1
Sundays 12:30pm-2pm



STORM - Senior Prep Level 2.1
Sundays 6:30pm-7:30pm



MISS STRIKES - U8 Level 1
Sundays 2pm-3:30pm

VOLTZ - U12 Level 2
Sundays 2pm-4pm



ELECTRA - U16 Level 3
Sundays 4pm-6pm & Tuesdays 8pm-9:30pm

LIGHTNING - U18 Level 2
Sundays 4pm-6pm



LADY RAYS - Age TBC Level 4
Sundays 6pm-8pm & Tuesdays 8pm-9:30pm



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Any gym-wide closures are listed on our yearly calendar page, please make note of these.

COMPETITION SCHEDULE

Central Allstars plan to attend the following events in Season 9. You'll see below which competitions each team are scheduled to attend. Our Prep and Novice teams will attend 4 events and our Elite teams will attend 6/7 events.

TEAM	Central Allstars Showcase	Power Up Winter Blackout Coventry	Future Cheer Heart of England & Essentials North Manchester	Future Cheer Adventure in Atlantis Stoneleigh	Future Cheer European Championships Barcelona	Cheer City Nationals Sheffield	Future Cheer Internationals Bournemouth
BABY RAYS	✓	✓	✓	✗	✗	✓	✗
SPARKS	✓	✓	✓	✗	✗	✓	✗
STORM	✓	✓	✓	✗	✗	✓	✗
MISS STRIKES	✓	✓	✓	✓	✗	✓	✓
VOLTZ	✓	✓	✓	✓	✗	✓	✓
ELECTRA	✓	✓	✓	✓	✓	✓	✓
LIGHTNING	✓	✓	✓	✓	✗	✓	✓
LADY RAYS	✓	✓	✓	✓	✓	✓	✓

- Central Allstars Showcase - 15th November 2026 (All Teams)
- Power Up Winter Blackout - 12th & 13th December 2026 (All Teams)
- Future Cheer Heart of England & Essentials North - 13th February 2027 (All Teams)
- Future Cheer Adventure in Atlantis - 10th & 11th April 2027 (Elite Teams)
- Future Cheer European Championships - 29th & 30th May 2027 (Selected Teams)
- Cheer City Nationals - 12th & 13th June 2027 (All Teams)
- Future Cheer Internationals - 25th, 26th & 27th June 2027 (Elite Teams)

CENTRAL ALLSTARS SEASON 9 CALENDAR

A full calendar of events and gym-wide closures across Season 9 are shown below.

Dates may be subject to change.

EVENT	DATE	LOCATION
Open Development Classes	Sundays - 19 th July, 2 nd , 16 th & 30 th August 2026 Ages 5-11 - 4pm-5:30pm & Ages 12+ - 6pm-7:30pm	NBC Gymnastics, Sutton Coldfield
Training Starts	Sunday 6 th September 2026	NBC Gymnastics, Sutton Coldfield
Team Information Meetings	Sunday 13 th September 2026	NBC Gymnastics, Sutton Coldfield
Central Allstars Showcase	Sunday 15 th November 2026	NBC Gymnastics, Sutton Coldfield
Power Up Winter Blackout	Saturday 12 th & Sunday 13 th December 2026	Coventry
Future Cheer Heart of England & Essentials North	Saturday 13 th February 2027	Manchester
CA Big Family Quiz	Saturday 13 th March 2027	Sutton Coldfield
Future Cheer Adventure in Atlantis	Saturday 10 th & Sunday 11 th April 2027	Stonleigh
Future Cheer European Championships	Saturday 29 th & Sunday 30 th May 2027	Barcelona, Spain
Cheer City Nationals	Saturday 12 th & Sunday 13 th June 2027	Sheffield
Future Cheer Internationals	Friday 25 th , Saturday 26 th & Sunday 27 th June 2027	Bournemouth
CA Awards Presentation	Friday 2 nd or Saturday 3 rd July 2027	Sutton Coldfield



GYM-WIDE CLOSURES

- Sunday 27th December 2026 (All Teams)
- Sunday 14th February 2027 (All Teams)
- Sunday 28th March 2027 (All Teams)
- Sunday 10th April 2027 (Prep & Novice Teams)
- Sunday 30th May 2027 (All Teams, excl. Electra & Lady Rays)
- Sunday 27th June 2027 (Prep & Novice Teams)

MONTHLY TUITION

Monthly Tuition Fees are paid from September to June. Costs are spread across the season so each month you pay the same amount, regardless of the number of practices that month.

All tuition fees are due by the 1st of each month and will be automatically taken through Coacha.



SINGLE TEAM ATHLETES

£7.50 per hour

A monthly payment set up link will be emailed in August for £60 through Coacha

Monthly Tuition fees must be set up prior to training starting on Sunday 6th September

CROSSOVER ATHLETES (2+ teams)

£4.06 per hour

A monthly payment will be set up for £65 through Coacha

Monthly Tuition fees must be set up prior to training starting on Sunday 6th September

ELEGRA & LADY RAYS ATHLETES (Travel Teams)

£5.72 per hour

A monthly payment will be set up for £80 through Coacha

Monthly Tuition fees must be set up prior to training starting on Sunday 6th September

All team training and tumbling sessions are included in monthly tuition fees for all athletes. Athletes will not be allowed to start training without this set up complete.

All payments will incur an admin fee of £2.50 per transaction, charged by our payment provider.



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ADDITIONAL COSTS

MEMBERSHIP

(One off payment)

Includes first month tuition, insurance, music & team scrunchie.

Returning Athletes - £115

New Athletes - £120

SEASON 9 T-SHIRT

(One off payment)

All athletes are required to wear our Season T-Shirt to their weekly training with their team scrunchie.

£18

UNIFORM

(One off payment)

For Season 9, Central Allstars will be getting a **BRAND NEW UNIFORM & BOW!!**

Novice & Prep Athletes - £150

Elite Athletes - £170

TRAINING KIT

(Optional - One off payment)

We offer a sports bra and shorts training kit as an optional extra for all athletes. An email will be sent to order once the season has started.

£45 per kit (includes sports bra & shorts)

OPEN DEVELOPMENT CLASSES

(One off payment, per session)

During July & August, our coaching team will be hosting open development classes (dates shown on our yearly calendar)

Ages 5-11 - 4pm-5:30pm & Ages 12+ - 6pm-7:30pm

£15 per session - cash on the day

Payment links will be sent via Coacha in August, and will be due by 27 September 2025.

All payments will incur an admin fee of £2.50 per transaction, charged by our payment provider.

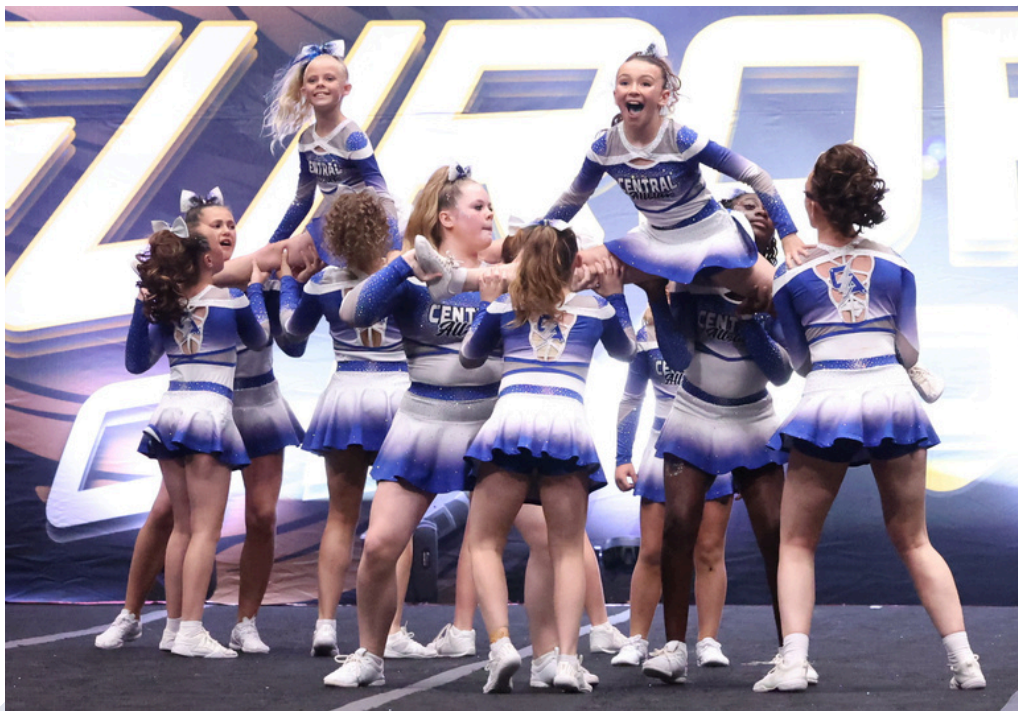


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COMPETITION ENTRY FEES

Competition costs for the new season are yet to be released by the event producers so are not available currently. We aim to communicate the confirmed competition entry fees post tryouts. Estimated costs are shown below based on the previous seasons costs.

Event	Athlete Entry Fee (1st Team)	Crossover Entry Fee (Additional Team)
Power Up Winter Blackout	£30	+£20
Future Cheer Heart of England & Essentials North	£44	+£34
Future Cheer Adventure in Atlantis	£44	+£34
Future Cheer European Championships	£50	+£40
Cheer City Nationals	£30	+£25
Future Cheer Internationals	£55	+£40



Payment links for each competition will be sent via Coacha in September, and are due by 1 November 2026. If you need to split any of these fees into more than one payment, please contact us and we can organise this.

All payments will incur an admin fee of £2.50 per transaction, charged by our payment provider.



EUROPEAN CHAMPIONSHIPS



- Central Allstars plan to attend the Future Cheer European Championships in Barcelona, Spain for the 2nd time!
- The European Championships will be held on Saturday 29th & Sunday 30th May 2027.
- We plan to travel for this competition between 26/27 May - 31 May 2027.
- We are planning to take 2 teams to this competition, we are planning for these to be Electra & Lady Rays.
- Electra & Lady Rays will have choreography days on 18th & 19th July. A cost per athlete will be communicated post tryouts.
- The approximate cost of the trip will be between £500-£700. This includes, flights, accomodation and competition entry fees.
- Any athletes under the age of 16 will need to be accompanied by an adult for the trip.
- This is an amazing experience and opportunity for everyone that will be part of these travel teams. Once our travel teams have been created, more information will be sent to all of those athletes and parents/guardians.
- We will be introducing team parents this season to help support in fundraising opportunities for the trip.
- We expect all of the athletes and parents that are part of this team to be 100% dedicated and committed to practices, competitions and the travel for the European Championships.

